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## From Sweatshop Home Upbringing To Influential Professor, Author Illustrates That You Can Overcome Anything

A remarkable autobiography of how one can overcome the epitome of poverty, failures, and abuse.

Oahu, Hawaii - October, 2018

*Failing Up: A Professor's Odyssey to Flunking, Determination, and Hope,* recipient of the Kirkus STAR Review and 100 Indie Books of 2018 by Dr. Barbara Hong, is an inspirational memoir of how anyone can rise above their circumstances if they are not afraid to fail. Professor Hong's path started in a filthy tenement in Singapore where she lived with an abusive, alcoholic father and an illiterate mother.

Readers have expressed that Hong's book is an inspiration and beacon of hope in their own lives. Even though the setting and culture is in Southeast Asia, readers of all ages and backgrounds have related to her narrative. Her first-person encounter illustrated how each of us can work through environmental setbacks, societal prejudices, personal limitations, and challenging obstacles to reclaim our own lives.

*"An absorbing, eye-opening narrative about the value of grit and education, sure to inspire a wide audience."—Kirkus Review* 

"For everyone who has ever failed or who are failing now in any capacity of your life, I hope Failing UP will help you to shake off the shame and embrace failures as a way of finding who you are and what you are really made of. Perhaps in time, you will discover, like me, that failing can be some of life's most meaningful blessings. Likewise, if you haven't failed enough, you probably haven't reached your fullest potentials. Successful people aren't afraid of failures; they only fear they haven't tried hard enough." — Dr. Barbara Hong

Dr. Hong obtained her Ph.D. from Columbia University in Special Education in addition to three master's degrees in Instructional Practices, Policy & Administration, and as a Learning Specialist from the same institution. She was a three-time recipient of the prestigious Senior Fulbright Scholar award, an internationally recognized *Teacher-of-Honor,* and an appointed US State Department Speaker Specialist & Expert on Disability. Hong is currently a Professor and Program Coordinator of Special Education at Brigham Young University, Hawaii.

Hong is available for interviews and appearances. For booking presentations, media appearances, interviews, and/or book-signings call 814.441.7200 or email, <u>contact@barabarahong.com</u>, or visit the website at <u>barbarahong.com</u>.

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